



PLEASE JOIN US FOR

# FREE TO BE ND

## PARENT SUPPORT GROUP AND PLAY/SOCIAL TIME FOR KIDS

For Neurodivergent kids pre-K through high school and their families

- **When:** This group meets **MONTHLY on the third Tuesday of the month** from 5:30-7:00 pm
- **Where:** South Church, Social Hall (downstairs) 292 State Street in Portsmouth
- **Why:** To build community, provide support for parents, and give ND kids an opportunity to play & make friends on their own terms
- **How:** Kids will be supported in a variety of spaces based on interest and needs while parents meet close by

Presented in  
partnership with:



### **\*\*Important\*\***

If you plan to bring your child/children, you must RSVP so we have appropriate staffing available. Email: Michelle Long OTR/L at [m-long@sau52.org](mailto:m-long@sau52.org)